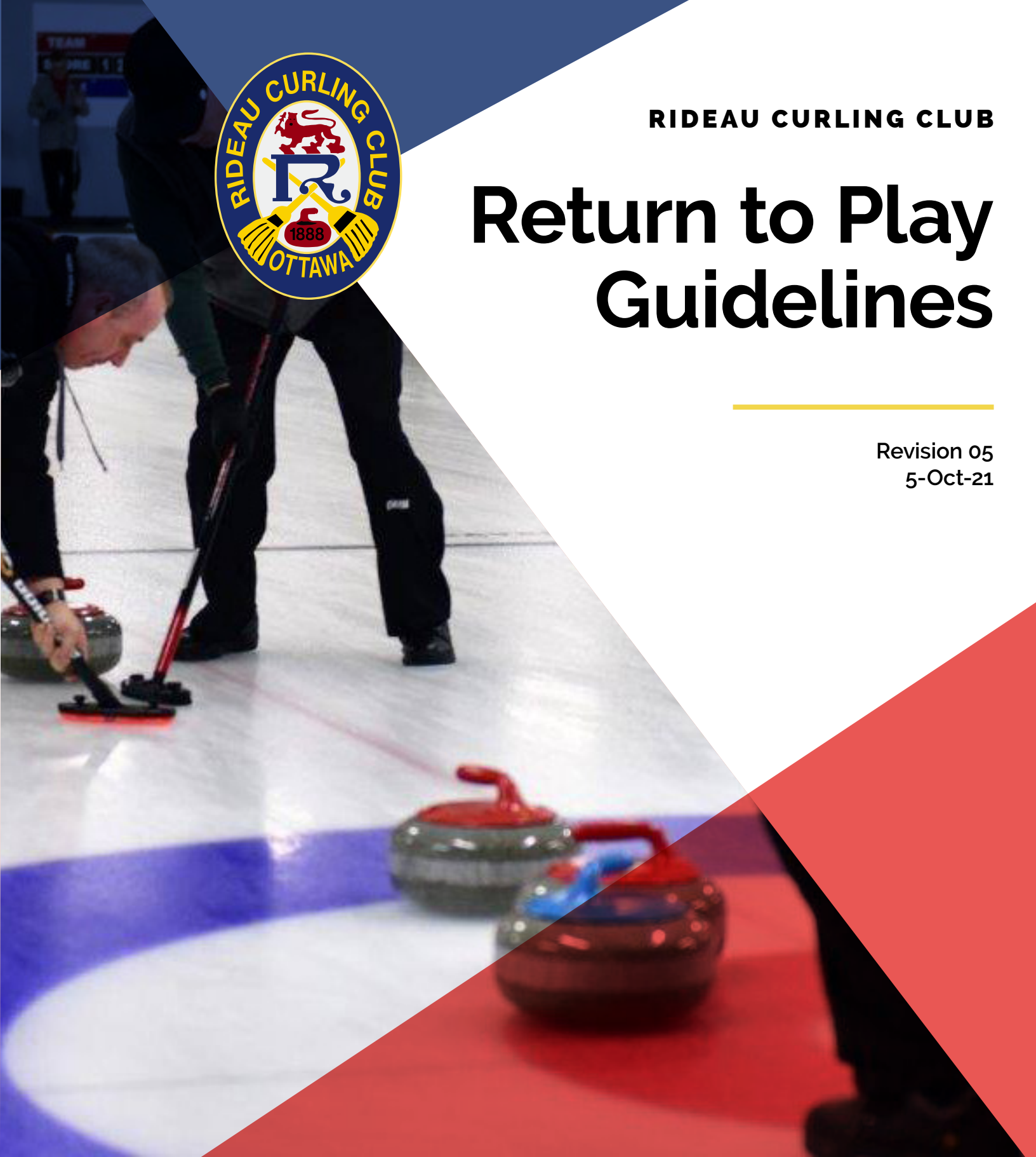




RIDEAU CURLING CLUB

Return to Play Guidelines

Revision 05
5-Oct-21



FROM THE BOARD



We are looking forward to welcoming our members back to the Rideau Curling Club (RCC) for another season!

Similar to last year, the Board of Directors has implemented a set of Return to Play Guidelines specific to our facility. These Guidelines have changed, so please take a minute to read through the document and familiarize yourself.

With the September 1, 2021, announcement by the Ontario Government, there are a number of documents required before the first night of curling. Please ensure when you arrive at the Club you have all of your documentation in order and ready.

Masks will still need to be worn at all times while in the Clubhouse, unless you are seated at a table, eating, drinking or on the ice. The Rideau will not be mandating masks during play, instead it will be up to each individual based on their own personal comfort.

We ask that all members be respectful of the social distancing guidelines in place. As some of these will also impact the speed of play and time spent in areas of the club, members should always be cognizant of the impact their actions have on other players.

While no activity during the COVID-19 pandemic is without risk, if we all follow the guidelines, we should greatly reduce that risk.

If you have any questions, please do not hesitate to contact our Club Manager, [Pierre](#).

Thank you for your support.



— The RCC Board of Directors

BACKGROUND

The Guidelines for Return to Play outlined in this document were made in consultation with the [Curling Canada Return to Play Guidelines](#), [CurlON Guidelines](#) and Public Health. The guidelines take in to account all Orders from Public Health and the Provincial Government of Ontario.

The COVID-19 pandemic has evolved quickly, as such, the RCC Return to Play Guidelines will need to be adjusted to reflect the most current Public Health orders and Government guidelines. An up-to-date document will be available in the Member Documents section of the website. The date the document was revised can be found on the cover page of this document. Additionally, in the event that changes are made, the document will be re-distributed to the membership via email.

VACCINE STATUS

As announced on September 1, 2021, by the Ontario Government, **ALL** players over the age of twelve (12) will be required to be fully vaccinated and to provide proof of their vaccination status. Players are asked to bring with them on the first night of curling, proof they have received their second vaccine more than fourteen (14) days prior and government issued photo identification (ID).

Players who cannot receive the vaccine due to a medical exemption will require a Medical Doctor's note and a negative COVID-19 Rapid Diagnostic Test (RDT) before each night they play. These players will also be required to wear a mask at **ALL** times while in the Clubhouse and on the ice. The Rideau Curling Club will provide the rapid COVID-19 test.

ALL employees, contractors, vendors, spectators or other members of the public entering the Rideau Curling Club will be required to show proof of vaccine status and Government issued photo identification (ID).

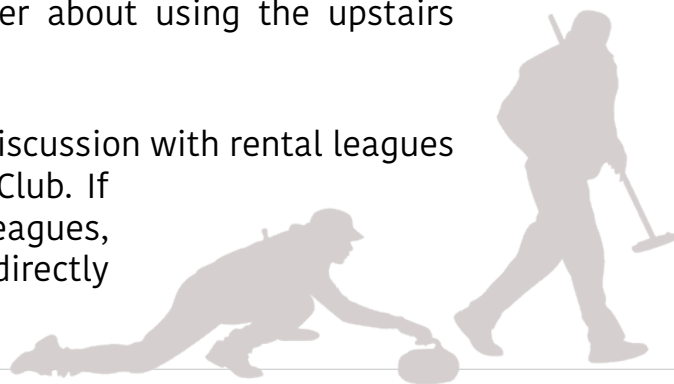
Please remind any spares that may not be from the Rideau Curling Club that they will require the same documentation and proof of vaccine status as a Rideau member to enter the facility.

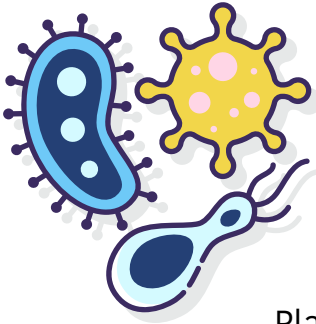
WAIVERS

All players will be required to sign a new Declaration of Compliance (re: COVID-related Public Health Orders) plus a Waiver and email them to [Pierre Mondor](#) before arriving at the club for the first time. Players under the age of twenty-six (26) must also sign the Rideau Curling Club Concussion Code of Conduct.

GENERAL

- A mask covering the mouth and nose must be worn at ALL times when inside the club. Your mask may be removed when seated eating or drinking, or during play.
- The direction of traffic flow will be clearly marked by barriers, ropes and/or arrows. Players are asked to follow the direction of traffic, even when an identified route may not be the shortest route.
- The upstairs Banquet Hall will be rented from time to time. Players are asked to avoid the upstairs whenever possible.
- Each floor of the Clubhouse has a maximum capacity of 104 people, excluding staff members.
 - Spectators, such as parents and coaches, will be permitted this season, as long as the maximum capacity of the floor is observed. There will be chairs along the glass both downstairs and upstairs.
 - If capacity has been reached, or you would feel more comfortable social distancing, please talk to a server about using the upstairs Banquet Hall for viewing.
- Our Club Manager, [Pierre](#), has been in discussion with rental leagues that take place at the Rideau Curling Club. If you are a member of one of these leagues, please contact your Program Director directly for more information.





HYGIENE

Players may sanitize their stones before each game. There will be sanitizing spray or wipes at the glass end of each sheet.

Please stay home if you are not feeling well.

Players are asked to keep their hands clean. Wash your hands often with soap and water for at least 20 seconds (or a good rendition of Happy Birthday!). When soap and water is not accessible, use the sanitizer stations setup throughout the club.

Here are some great steps we can all take to keep everyone healthy:

- Avoid touching your face, but especially your eyes, nose and mouth.
- Cough or sneeze into the bend of your arm.
- If you feel ill, stay home.
- Avoid touching surfaces people touch often, like toilets, door handles, chairs and the bar.
- Maintain social distancing even when wearing a mask.
- Don't return to play after being sick unless you are symptom free and feeling better without the use of medication.

PLEASE STAY HOME IF:

You have had symptoms of an enteric illness, including vomiting and/or diarrhea in the last 48 hours.

OR

You have had symptoms of a respiratory illness, including fever, cough, sore throat and/or congestion in the last 24 hours.

Players **MUST** follow Federal Guidelines on quarantining after International travel. Federal Guidelines are available at <https://travel.gc.ca/travel-covid>. There are currently no restrictions on domestic travel for residents of Ontario; <https://www.ontario.ca/page/travelling-during-covid-19>.

BEFORE THE GAME

- When entering the club, players must be wearing a mask that covers their nose and mouth.
- Once inside the main entrance, players must know and enter the code **(7150*)**.
- There will be a staff member in the lobby. Players will be required to show Government issued photo identification upon each visit.
- Upon the first time entering the club, players will need to show proof of their vaccine status or proof of their medical exemption with a Medical Doctor's note. On subsequent visits, vaccine status will be confirmed against a list of members who have previously shown proof.

IF YOU HAVE A MEDICAL VACCINE EXEMPTION:

- Players will request a COVID-19 Rapid Diagnostic Test (RDT) from the Rideau employee in the lobby.
- Tests should be performed in your vehicle. Wait 15 minutes, or until the test results are shown.
 - **If negative**, you may head back to the club and show proof of your negative result to the Rideau employee in the lobby.
 - **If positive**, please proceed home and follow Government orders for isolating.
- Before proceeding into the Clubhouse, you will need to check-in using the CurlON app. Your QR code from last year is still valid. If you cannot find it, or do not have one, please email the Club Manager, [Pierre](#).
- Coats and shoes may be stored in the lobby, using the coat and shoe racks.
- To conform with traffic flow, please head into the main floor lounge. Locker rooms must be accessed by Sheet 5.
- Restrooms have a two (2) person maximum occupancy at any time.
 - Please knock or enter to determine if the occupancy has been reached. If it has, please vacate the restroom and wait at a safe distance until someone exits.

- Players are asked to be cognizant of the time spent in the washrooms. With limited space and limits on the number of occupants, players need to ensure they are vacating shared spaces within a reasonable period of time.
- There will not be a water station. Bottled water can be purchased at the bar.
- Food and drinks can be ordered by texting the bar at 613-285-3907. Please include your name, drink and/or food order, the sheet you're on and the time you'd like it delivered.
- The computer used to post the draw will be removed from the main floor. As such, players are asked to access the draw from their phone.

GAME PLAY

- Game play will follow normal, pre-COVID-19, [Curling Canada rules](#), ie: two (2) sweepers, skips can sweep at anytime, alternating sweepers, etc.
- Players are asked to socially distance whenever possible and to use the CurlON “stand here” dots in the ice when they are not the delivering team, a diagram is available on [page 9](#).
- Once in the Ice Shed, if players are comfortable, they may remove their masks.
 - **Reminder:** Players with a Medical Vaccine Exemption may not remove their mask at ANY time.
- Instead of a handshake, give a friendly wave or tap brooms.
- **Coin Flip:** You are encouraged to download a free coin flip app, or use Siri, prior to game play. Another option is to play rock, paper, scissors.
- Players must select their two (2) rocks at the beginning of the game and cannot switch them out at any time.
- Rental equipment (brooms, sliders, stabilizers, etc.) will not be accessible during league play. Players are encouraged to purchase and bring their own equipment. Should you require one of these items, please ask the bartender at the main floor bar. Equipment also can be purchased through Rideau's online [ProShop](#).

- When the game has concluded, players must put their masks on before leaving their assigned sheet.
- Players must exit through the door at Sheet 5. From there, you can proceed to the Locker Rooms or into the Lounge.



KITCHEN & BAR

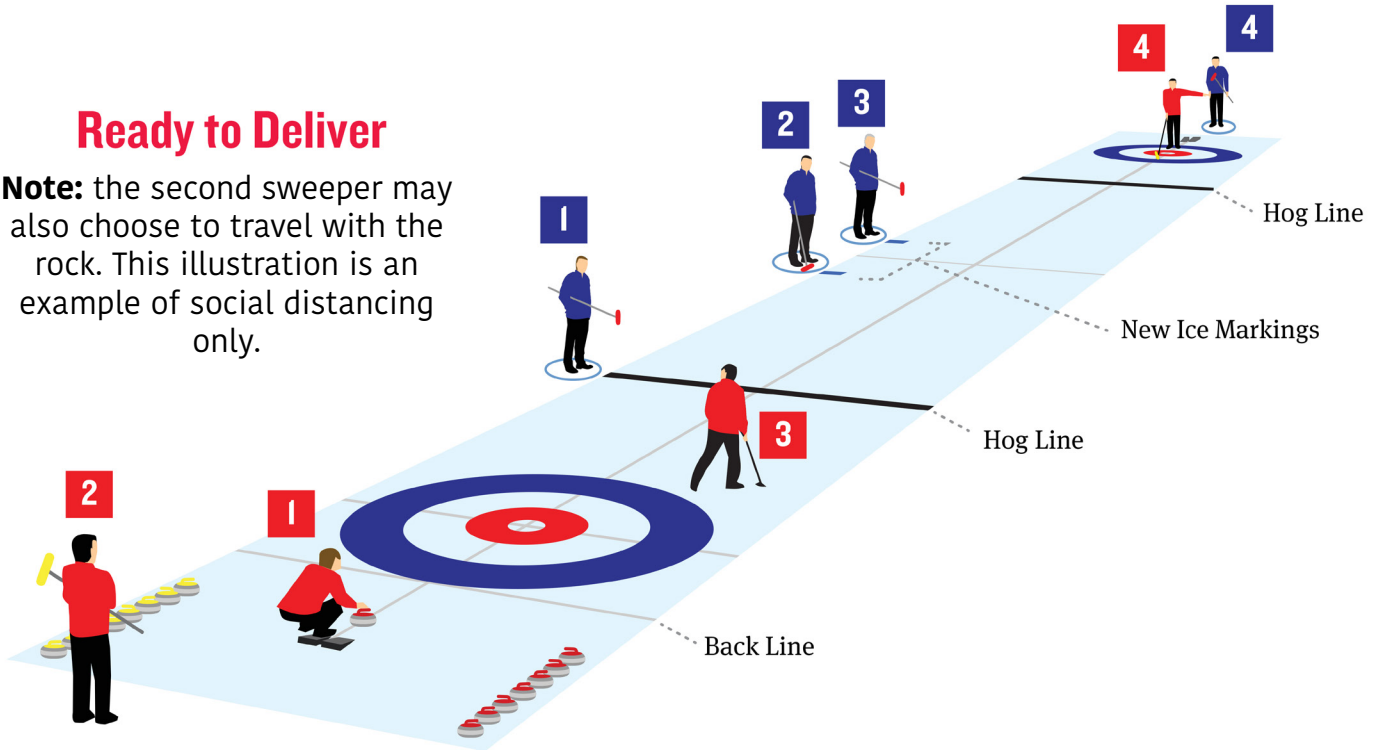
- Players staying after their game will remain in the main floor lounge.
- **Reminder:** Masks must be worn while walking around the club. If you are seated, either eating or drinking after your game, your mask may be removed. Before you get up from the table, you must be wearing your mask.
- Tables will be setup in configurations of eight (8) and four (4). Based on personal comfort, teams may or may not choose to sit with their opposition.
- Both food and beverage service will be conducted at the table. Staff will come around to take orders; you may order for your opposition and have it delivered to their table.
 - **Please be respectful of our staff by wearing your mask when they approach or are at your table.**
- To limit traffic, players are asked to avoid approaching the bar, unless required to do so.
- The kitchen and bar menus will be available on the [website](#) or by scanning a QR code located around the lounge.
- Pre-orders can be placed by texting the bar phone at 613-285-3907. Please include your name, sheet number, draw time and order OR by using the paper slips available at the bar.



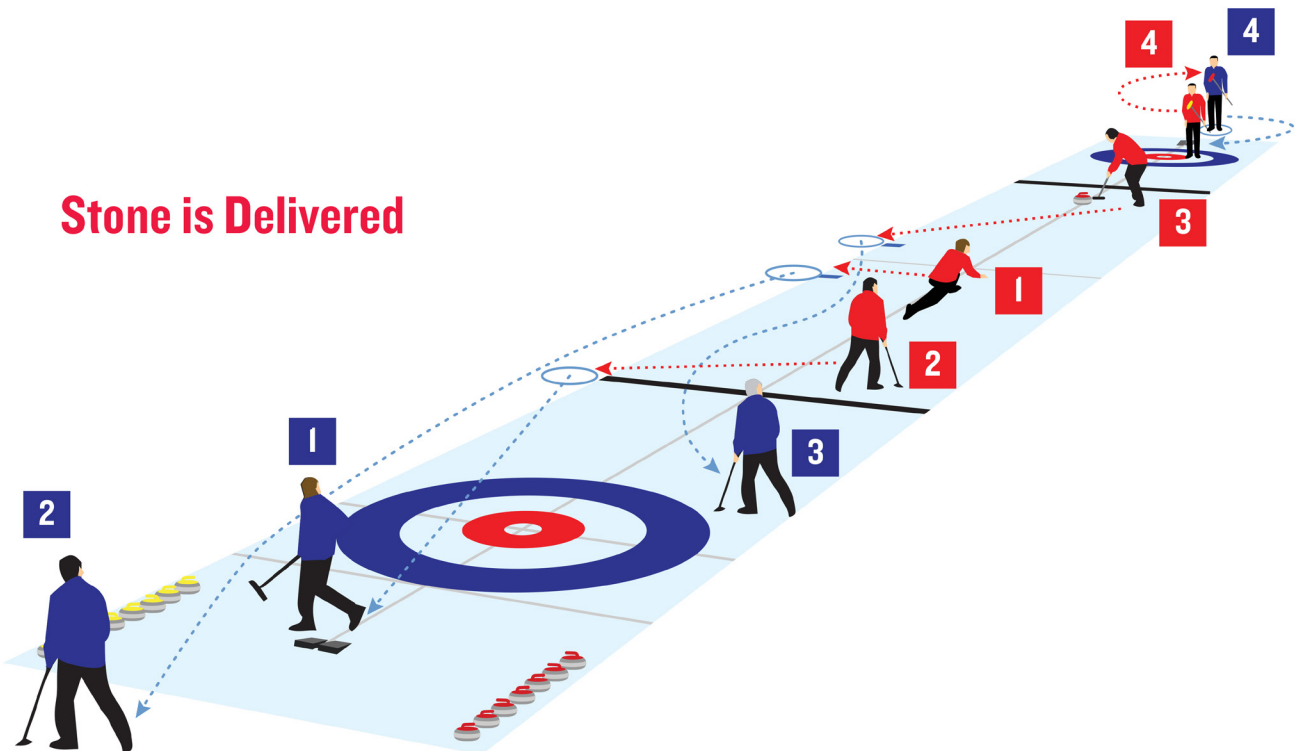
ON THE ICE

Ready to Deliver

Note: the second sweeper may also choose to travel with the rock. This illustration is an example of social distancing only.



Stone is Delivered





RIDEAU CURLING CLUB

715 Cooper Street
Ottawa, ON K1R 5J5
613-232-9665

www.rideaucurlingclub.com

